



FREDERICKSBURG
PHYSICAL THERAPY
Orthopedic & Sports Specialists

Mark Ball, MSPT
Clinic Director
Certified Kinesio Taping Practitioner®

1425 E. Main St., Suite 600
Fredericksburg, TX 78624

Tel. 830-391-8009
Fax 830-990-9088

Patient Name: _____ Date: _____

Diagnosis: _____

Precautions: _____

Frequency: _____ per week X Duration: _____ weeks

EVALUATE & TREAT

Therapeutic Exercise

- Passive ROM
- Active ROM
- Progressive Resistive Exercise
- Proprioceptive
- Stabilization
- Posture/Body Mechanics
- Gait Training
- Balance Training

Modalities

- Moist Heat
- Ice
- Ultrasound
- Phonophoresis
- Iontophoresis
- Electrical Stimulation
- Paraffin

Manual Therapy

Home Exercises

Sports Specific Training

Neuromuscular Re-education

Kinesio Taping

Goals of Treatment

- Return To Work
- Improve Strength
- Improve ROM
- Improve Gait
- Restore Function
- Improve Flexibility
- Decrease Pain
- Decrease Edema
- OTHER _____

Special Instructions: _____

*The above plan of care is established and will be reviewed every 30 days.
I certify the medical necessity of therapy.*

Signature: _____ Date: _____

DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



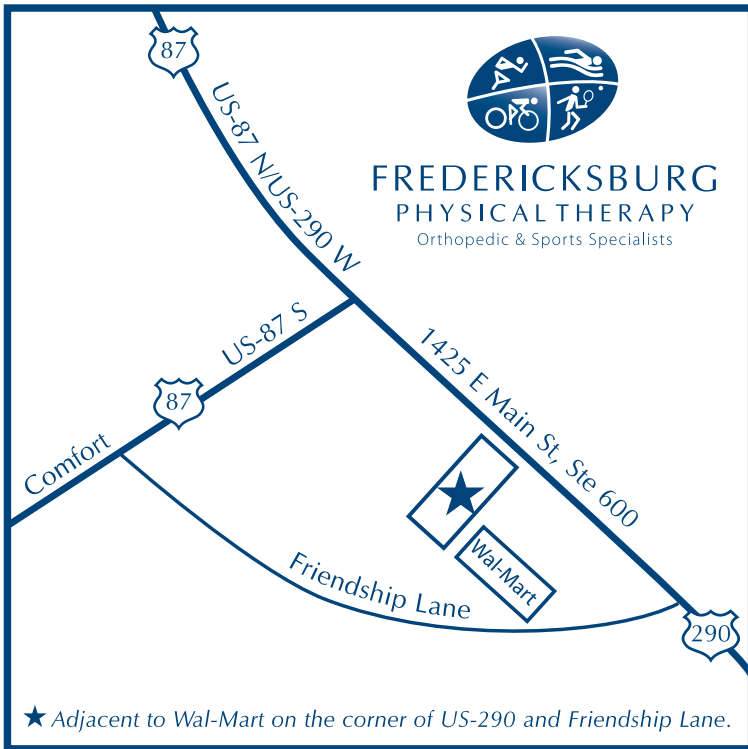
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JUST A REMINDER:

Please bring this referral slip with you on your first visit.
Please arrive 15 minutes before your scheduled appointment to
complete the necessary paperwork.
Evaluations (1st visit) usually last 1 to 2 hours.

WHAT TO WEAR:

Please wear/bring comfortable clothing and sneakers including T-shirts
and shorts or sweatpants.

www.fredericksburgpt.com